

Healthier with Nature



1 Felix Road Adventure Playground



Mon-Fri 3.30-5.30pm
(term time)
12.30-5pm
(school holidays)
Sun 1-5.30pm

a Lawrence Hill Heath Centre
b Charlotte Keel Medical Practice
c Wellspring Surgery

8 Nordic Walking



Tuesdays
10-11am

7 Active Talk



Contact for
details

6 Fresh Air Thursdays



Thurs
1-5pm

5 Walking Group



Alternate
Thursdays
12-2pm

4 Nordic Walking



Thurs & Fri
Contact for details



1

Felix Road Adventure Playground BS5 0JW
Contact: tom@upourstreet.org.uk
tel: 0117 954 1409, web: eastsidecommunitytrust.org.uk

2

Wellspring Settlement, 43 Ducie Road, BS5 OAX
Contact: abi@aliveactivities.org
tel: 07379 498764, web: aliveactivities.org

3

In partnership with Wellspring Surgery,
Beam St, BS5 9QY
Contact: Referrals via GP/Social Prescriber
web: openmindsactive.org

4

Barton Hill Urban Park BS5 9XE & Netham Park BS5 9RX
Contact: bactivityclub@gmail.com
tel: 07914 768023, web: bartonhillactivityclub.org

5

Netham Park BS5 9RX
Contact: bristolsomaliyouthvoice@hotmail.com
tel: 07576 738583, web: bristol-youthvoice.org

6

Strawberry Lane Community Garden BS5
Contact: Amy@thebirchcollective.co.uk
tel: 07871843893 or 07936784637
web: www.thebirchcollective.co.uk

7

St George Park BS5 7AW & Netham Park BS5 9RX
Contact: charliehh@activebeing.co.uk
tel: 07764 744609, web: activebeing.co.uk

8

St George Park, BS5 7AW
Contact: subitha@letswalkbristol.org,
tel: 07721 711687, web: letswalkbristol.org